

Ashtanga yoga intensive with Peter Sanson



September 28 – October 2, 2022

On behalf of our local Ashtanga yoga community I would like to invite you to 5 day Mysore intensive with an incredible teacher, who has been part of our extended community for a long time, Peter Sanson. All levels of experience are welcome!

Peter has devoted his life to practice of yoga and teaching. For over 20 years he was a dedicated student of late K. Pattabhi Jois. He is one of the few Certified Teachers in the world. But foremost, Peter is a very kind, warm and humble person, and a very wise and compassionate teacher who is able to meet every student on their level. With his kindness and joy he inspires in the yoga practice on the mat and beyond.

Join us for this rare opportunity to practice with Peter who traveled all the way from New Zealand to be here with us. Together with Ashtanga Yoga Berkeley we are excited to host him in the SF Bay Area for his 2022 visit.

For more information on registration for Ashtanga Yoga Berkeley (October 5-9) contact Vance at (510) 301 6747 [Ashtanga Yoga Berkeley](https://www.ashtangayoga.com) .

More about Peter: www.petersanson.nz

Dates:

September 28 – October 2, 2022
(Wed – Sun)

Location:

Greenmeadow Community
Association, 303 Parkside Drive,
Palo Alto, CA 94306

Conference/talk:

Saturday October 1, around
11am after practice

Time:

Start time 6:30, 7:30, 8:30 (will
be assigned after completion of
the registration)

Cost:

200\$ for all 5 days

Drop-in 45\$

Payment:

Venmo [@Beata-Skrzypacz](https://venmo.com/Beata-Skrzypacz),
Paypal [@BeataYoga](https://www.paypal.com/paytoemail?email=BeataYoga)

or Zelle.

If check please contact Beata
for address.

Pre-registration is required.

Payment in full will hold your
space. Please send an e-mail for
confirmation and starting time.

Contact:

Beata Skrzypacz at
beata.s@mac.com

(650) 799 3051